

**NIRMALA COLLEGE FOR WOMEN (AUTONOMOUS)**

**Coimbatore – 18**

**RAGGING CURB COMMITTEE**

**ORIENTATION PROGRAMME**

<b>Date</b>	<b>: 29.09.2021</b>
<b>Mode</b>	<b>: Online – YouTube Live</b>
<b>Chief Guest</b>	<b>: Ms. Masutha Begam,</b> Inspector General of Police, Coimbatore
<b>Topic</b>	<b>: Women's Rights</b>
<b>Number of students participated</b>	<b>: 2500</b>

**“The Best Protection, a women can have is courage”**

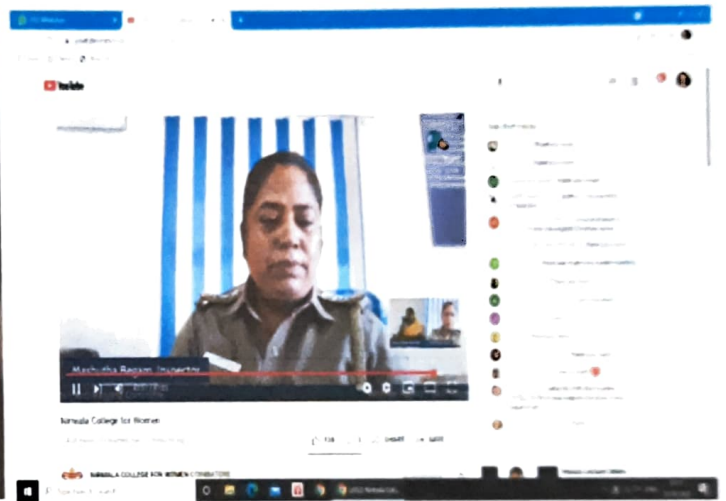
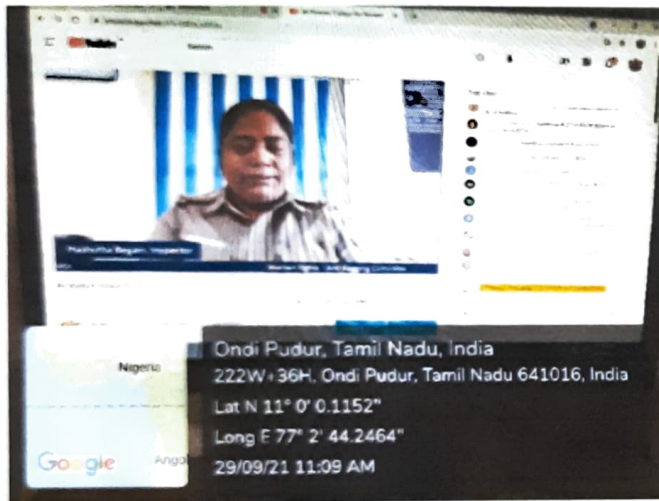
International Women's Right Movement, for many years, made a great stride to protect women and girl children around the world. Yet, Women and girl children are forced to marriage, trafficked into forced labour and sex slavery. Still in remote part of the country access to education and political participation is refused. Some women are trapped in conflicts like rape as a weapon of war and anger. Its where “Women's Rights” plays a vital role.

Women's Rights voices for women empowerment and gender equality. It protects the rights and improves the lives of women and girl children. To make these rights aware to the young students, Anti-Ragging Committee of Nirmala College for Women (Autonomous) on **29<sup>th</sup> September 2022** organized an Orientation Programme on “**Women's Rights**”. The Programme was scheduled and aired via **YouTube Live at 10:45 a.m.** It commenced with a Prayer Song followed by Welcome Address by **Mrs. Uma Maheswari**, Assistant Professor & Head, Department of Computer Science.

**Ms. Masutha Begam, Inspector General of Police, Coimbatore City** served as the resource person for the programme. Madam Masutha Begum's multifarious ideas were fabulously and phenomenally expressed. Madam insisted that Discipline is the bridge between goals and accomplishments. Madam stressed on the importance of 3D's – Discipline, Duty Consciousness & Dignity in life. Madam also made it very clear that Fear is a Reaction and Courage is a Decision.

Madam focused on gender equality and the protection of Women's Rights and Women's empowerment. Her recommendations recognize that the participation and leadership of women in every sphere of life contribute to a more sustainable and effective measures leading to a more peaceful and safer world. Madam's approach was not to essentialize women but to transform the way the world interacts with women and see the benefit for everyone in creating a gender equal world in all rights and in all ways.

The Programme came to a close with a Vote of Thanks by **Mrs. Jonita**, Assistant Professor, Department of Information Technology. Nearly 95 students from various disciplines took part in the Programme.



*Jonita*

DEAN OF STUDENT AFFAIRS,  
NIRMALA COLLEGE FOR WOMEN,  
(AUTONOMOUS),  
COIMBATORE-641 010.

The Ragging curb Committee of Nirmala College for Women organized an Awareness program on the topic "Sexual Harassment" on 12<sup>th</sup> MAY 2022 in the Clare Hall. All the hostel students of UG and PG participated in this awareness program.

The event started with the Introduction, prayer song and welcome speech. The Resource person Dr.V.S Elamurugan, Senior Executive, Gajaananda Trust, Coimbatore presided over the session.

Sir talked about what actually Sexual Harassment is, how sensitive the topic actually is and the importance of having the basic knowledge about it. He stressed the seriousness of those situations and how keeping silent weakens the wronged and strengthens the ones who do wrong. He said about the different helplines which are available for these kinds of situation.

By participating in this awareness programme, the students were able to know the importance of self protection. The concept of the programme was put forth by the resource person in a comprehensive manner, very much to the perception of the students. The participants have gained the self awareness and have become alert of the situation. The awareness programme came to an end with a small discussion and clarification of queries from the students, followed by the vote of thanks.